

# Shinsei Student Pledge



I will develop myself in a positive manner, and avoid anything that could reduce my mental growth, or physical health.

I will develop self-discipline, in order to bring out the best in myself and others.

I will use what i learn in class constructively and defensively; to help myself and my fellow man, and never to be abusive or offensive.

I will use common sense before self-defense.

This is a black belt school. We are dedicated. We are motivated.  
We are on a quest to be the best!

Winners never quit, quitters never win,

I choose to be a winner!

This is a commitment by the karate student.  
They acknowledge they are responsible for living up to the pledge

Student Signature: \_\_\_\_\_

Parent's Initials: \_\_\_\_\_